



st. cecilia church  
lagunitas

January 28, 2024

Mission Statement of St. Cecilia's & St. Mary's

To be nurtured by Christ's Word, supported by a Faith Loving Community, and to serve the Needs of Others as called to Minister

✦ St. Joseph Church, Magdalena, Colombia (sister parish) ✦



st. mary church  
nicasio

MASS	Sunday	St. Cecilia	9:30 a.m.
		St. Mary	11:15 a.m.
	Monday	St. Cecilia	8 a.m. Holy Hour follows
	Wednesday	St. Cecilia	8 a.m.
	Thursday	St. Mary	8 a.m.
	Friday	St. Mary (1 <sup>st</sup> Friday)	8 a.m. Holy Hour follows
		St. Cecilia (other Fridays)	8 a.m.
	Saturday	St. Cecilia (last Saturday only) 10 a.m. Padre Pio Mass & Devotion	
Reconciliation	Saturday	St. Cecilia	4 to 4:30 p.m.
		or by appointment call:	(415) 488-9799
Confirmation Prep.	Wednesday	St. Cecilia	6:30 to 7:30 p.m.

See #863 in your Music Book for the readings

FOURTH SUNDAY IN ORDINARY TIME – YEAR B

Dt 18:15-20; Ps 95:1...9; 1 Cor 7:32-35; Mk 1:21-28

I was ordained a transitional deacon by Archbishop George Niederauer about six months before my priesthood ordination. During the rite of giving of the Holy Bible, each of the deacon candidates knelt down before the archbishop who handed us the Bible saying: “Believe what you read. Teach what you believe. Practice what you teach.” As you can see, all is about the word of God.

The word of God plays an essential part in our Christian life, as said in Psalms 119, “God’s word is a lamp for my feet, a light for my path” (Ps 119:105). Jesus also reassures this in the Gospel, “one does not live by bread alone, but by every word that comes forth from the mouth of God” (Mt 4:4).

In the first reading today, Moses also urges his people to “let the word of God guide them always” for if they listen to the word of God and obey God’s commands, they will be happy, they will inherit the Promised Land; if not they shall die.

The story of the exorcism in the Gospel shows us the power and authority of Jesus through his word. Jesus is the Word of God. God’s word is heard when Jesus is teaching. God’s word takes action when Jesus commands the unclean spirits, “Quiet! Come out of the man” (Mk 1:25) and they obey him. The authority of Jesus is powerful, but it is complete only when it takes root in our lives, and affected our actions. The people of Capernaum experienced the authority of Jesus. “They were astonished at his teaching, for he taught them with authority” (Mk 1:22).

We are encouraged to listen to Jesus and follow him. Let the powerful word of Jesus take roots in our lives; let it be affected in our actions. If we choose to listen to God’s word, and do the will of God, we will “be freed from all anxieties” of this world (1 Cor 7:32), as Saint

Paul tells us in the second reading. When people question him: what is better for them: to remain single or to become married. According to Saint Paul’s wisdom: remaining single or being married should not be our anxiety; the most important thing for us is to be a true Christian. Listen to Jesus’ teaching and bring God’s word into our faith living.

As implied through the healing story in the gospel, we should be conscious of the “unclean spirit” within us: the failures, shortcomings, sins that often dominate our lives. We humbly ask the Lord to heal us as he healed the man possessed by evil spirit, and to restore us to true people of God.

I find the following reflection is a beautiful prayer for us when we contemplate the word of God: “Lord, help me know how to listen to your words teaching me through dark nights. Help me listen to your words speaking to me when I feel lonesome. Help me utter my answer when I hear your voice. Help me say dear Lord, what do you want me to do? Your word is the strength of my life. Your word is the light for my path. Your word is my hope overflowed, the way I ever follow. Your word is full of joy, inspiration of praising songs. Your word makes life anew. Your word brings happiness for all.”

Dear brothers and sisters in Christ, “if today you hear God’s voice, harden not your heart” (Ps 95:8). Jesus speaks to us through the Liturgy of the Word at Mass. Let us listen to Jesus’ voice and adhere to him above anything else. May the Word of God enrich our lives as we follow Jesus. When we pray, when we read the Bible, we can apply the above message of Archbishop Niederauer to us, too: “Believe what you read. Teach what you believe. Practice what you teach.”

MASS INTENTIONS: from Sunday, January 28 to Friday, February 2

Sunday	9:30 am	SC ... Fr. Honesto “Junor” Gile (repose)
	11:15 am	SM ... Anna Maria Ly (repose)
Monday	8 am	SC ... Tina & Kevin Lwiefelhofer (wedding anniversary)
Tuesday	.....	no Mass .....
Wednesday	8 am	SC ... Anna Lieu (repose)
Thursday	8 am	SM ... Christopher Boorty (for health)
Friday	8 am	SM ... Bonnie de Rutte (repose)
Saturday	.....	no Mass .....

ANNOUNCEMENTS

- Archdiocesan Annual Appeal comes again:** the letter will come in your mail. We will begin taking 2<sup>nd</sup> collection for AAA 2024 next Sunday. Thank you for your support.
- Wednesday Home Visit & Rosary:** on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays only. Please continue to sign up to host a prayer gathering at your home. Next gathering will be at Carol Mori-Prange’s home: 24 Elm Ave, Woodacre. Wednesday, February 7, at 5 pm.
- First Friday:** February 2 at St. Mary Church in Nicasio. Mass at 8 am. Eucharistic Adoration to follow until closing at 12 noon.
- Pray for little girl Paisley and family:** Paisley was diagnosed a form of Leukemia, continuing the Chemotherapy. Let us pray for healing miracle.

2023 Annual Appeal

St. Cecilia  
Goal \$ 7,295.00  
Received \$ 7,295.00

St. Mary  
Goal \$ 6,095.00  
Received \$ 6,095.00

We've reached the goal  
THANK YOU!

Last Week Collections

St. Cecilia  
Offertory \$ 669.00  
Maintenance \$ 100.00  
Total \$ 769.00

St. Mary  
Offertory \$ 382.00  
Preservat'n \$ 40.00  
Total \$ 422.00